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BELLA ITALIA

The country's most influential spa and wellness brands

CHRISTMAS IS COMING

Advice on making the most of festive retailing opportunities

A SECRET NO MORE

Ringwood Hall is rejuvenated by its Garden Secret Spa, UK

EXPERT GUIDE: HEAT

We take the temperature of hydro-thermal investments

Grotta Giusti unveils thermal yoga

Italy: Grotta Giusti has launched a unique yoga offering that takes place in an ancient thermal cave with natural therapeutic steam baths.

The historic Tuscan spa retreat's cave, where yoga classes will be led by a qualified instructor, includes a thermal underground hot spring lake with water rich in salt, sulphates and alkalines. Guests will also benefit from the grotto's thermal vapours, which act as a natural steam bath and are said to boost both respiration and circulation.

A two-night spa package has been introduced which, in addition to the yoga classes, includes floating therapy or scuba diving in the grotto's underground thermal lake. Guests will also enjoy full access to the hotel's thermal hot spring swimming pools and bioquam circuit, as well as the fitness centre and a guided morning hike.

www.italianhospitalitycollection.com | www.grottagiustispa.com



EarthCheck teams with Resense



Spa Albear by Resense, Cuba



Kasha Shillington

Switzerland: Two companies dedicated to sustainability in the spa and wellness industry, Resense and EarthCheck, have forged a partnership they believe will benefit the wellbeing of future guests and clients.

Geneva-based Resense operates 50-plus spas globally, and provides owners, investors and hoteliers with wellness solutions via its consultation and training programmes, and a spa management software system that ensures better decision-making.

Global business advisory group EarthCheck, based in Queensland, offers a scientific benchmarking and certification programme for the travel and tourism industry in more than 70 countries.

EarthCheck CEO Stewart Moore said the partnership "provides opportunities to work with leading spas and wellness destinations globally to help lower environmental impact and operational costs while supporting local communities".

Further explaining the collaboration, Resense CEO Kasha Shillington said: "The benchmarking and data that EarthCheck provides, which proves the commercial and asset benefits of operating sustainably, is compelling for even the greatest sceptic."

"In order to better assist our clients, we need serious expertise to embed sustainability into the design and operational support of our spas."

"EarthCheck has been engaging the visitor economy for the past 30 years, which is why we know this partnership will be successful and yield better wellness results for our guests and clients."

www.earthcheck.org | www.resensespas.com

Setting sail with Blue World Voyages

Global: Blue World Voyages, billed as the first cruise line 100% dedicated to active, healthy lifestyles, is to set sail in 2019 with a 350-passenger, all-suite vessel that is to offer 26 suites reserved for purchase as owner residences.

Onboard highlights will include what is claimed to be the first full spa deck at sea, including a therapy tub, a spa pool, indoor and outdoor treatment rooms, a solarium and a seawater lap pool. There will also be 12 private 'Bali beds' for guests to sleep on under the stars before waking up to a butler-served breakfast.

An entire designated Sports Deck will be fitted out with batting cages, a functional training centre and yoga, spinning and TRX studios.

Co-founded by health and fitness entrepreneur Gene Meehan and former Starbucks president John B. Richards, the senior team also includes Diane Trieste, vice-president of wellness at Canyon Ranch Health Resorts.

Three ships are planned for the line's first five years at sea. All will be designed to access smaller ports, where larger ships can't go, and various routes throughout Europe and the Mediterranean are being considered for the inaugural season.

www.blueworldvoyages.com

